



**American  
Red Cross**

**Share your strength.**

# **SICKLE CELL FIGHTERS**

Patients fighting sickle cell disease may require regular blood transfusions to avoid health crises. You can make all the difference. Donate blood.

**Sickle cell disease (SCD)** is an inherited blood disorder in which red blood cells may become sickle-shaped and harden. Sickle cell disease is not contagious, and there is no universal cure.

#### The Facts

- About **1 in 13** African Americans carry the sickle cell trait
- Estimated **100,000** in U.S. have SCD
- Approximately **2,000** babies born with SCD annually in the U.S.
- Latinos have the **second** most common incidence in the U.S.

#### SCD leads to complications including:

- Anemia
- Fatigue
- Delayed growth
- Frequent infections
- Vision problems/ blindness
- Lung tissue damage
- Kidney disease
- Stroke

Staying healthy with sickle cell disease involves pain management, blood transfusions and self-care including eating well, exercising, and drinking water.

## **Sickle Cell Awareness Blood Drive**

**Rochester Academy of Medicine  
1441 East Ave  
Rochester, NY 14610**

**Saturday, January 29, 2022  
10:00 AM – 3:00 PM**

All presenting donors will receive a \$20 Amazon gift card AND a free t-shirt!!

Schedule your appointment at [redcrossblood.org](http://redcrossblood.org) using sponsor keyword: **SickleCellFightersROC** or scan QR code below for direct link



**Please bring ID!**

Download the Blood Donor App | [RedCrossBlood.org](http://RedCrossBlood.org) | 1-800-RED CROSS | 1-800-733-2767